The RAPID3 includes a subset of core variables found in the Multi-dimensional HAQ (MD-HAQ). Page 1 of the MD-HAQ, shown here, includes an assessment of physical function (section 1), a patient global assessment (PGA) for pain (section 2), and a PGA for global health (section 3). RAPID3 scores are quickly tallied by adding subsets of the MD-HAQ as follows:

1. PLEASE CHECK THE ONE BEST ANSWER FOR YOUR ABILITIES AT THIS TIME:

<table>
<thead>
<tr>
<th>OVER THE LAST WEEK, WERE YOU ABLE TO:</th>
<th>WITHOUT ANY DIFFICULTY</th>
<th>WITH SOME DIFFICULTY</th>
<th>WITH MUCH DIFFICULTY</th>
<th>UNABLE TO DO</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Dress yourself, including tying shoelaces and doing buttons?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>b. Get in and out of bed?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>c. Lift a full cup or glass to your mouth?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>d. Walk outdoors on flat ground?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>e. Wash and dry your entire body?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>f. Bend down to pick up clothing from the floor?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>g. Turn regular faucets on and off?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>h. Get in and out of a car, bus, train, or airplane?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>i. Walk two miles or three kilometers, if you wish?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
<tr>
<td>j. Participate in recreational activities and sports as you would like, if you wish?</td>
<td>___ 0</td>
<td>___ 1</td>
<td>___ 2</td>
<td>___ 3</td>
</tr>
</tbody>
</table>

2. HOW MUCH PAIN HAVE YOU HAD BECAUSE OF YOUR CONDITION OVER THE PAST WEEK? PLEASE INDICATE BELOW HOW SEVERE YOUR PAIN HAS BEEN:

<table>
<thead>
<tr>
<th>NO PAIN</th>
<th>PAIN AS BAD AS IT COULD BE</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0.5</td>
</tr>
</tbody>
</table>

3. CONSIDER ALL THE WAYS IN WHICH ILLNESS AND HEALTH CONDITIONS MAY AFFECT YOU AT THIS TIME, PLEASE INDICATE BELOW HOW YOU ARE DOING:

<table>
<thead>
<tr>
<th>VERY WELL</th>
<th>VERY POORLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0.5</td>
</tr>
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</table>

CONVERSION TABLE
Near Remission (NR): 1=0.3; 2=0.7; 3=1.0
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Moderate Severity (MS): 7=2.3; 8=2.7; 9=3.0; 10=3.3; 11=3.7; 12=4.0
High Severity (HS): 13=4.3; 14=4.7; 15=5.0; 16=5.3; 17=5.7; 18=6.0; 19=6.3; 20=6.7; 21=7.0; 22=7.3; 23=7.7; 24=8.0; 25=8.3; 26=8.7; 27=9.0; 28=9.3; 29=9.7; 30=10.0

HOW TO CALCULATE RAPID3 SCORES
1. Ask the patient to complete questions 1, 2, and 3 while in the waiting room prior to his/her visit.
2. For question 1, add up the scores in questions a-j only. Use the formula in the box next to question 1 to calculate the formal score (0-10). For example, a patient whose answers total 19 would score a 6.3. Enter this score as an evaluation of the patient’s functional status (FN).
3. For question 2, enter the raw score (0-10) in the box on the right as an evaluation of the patient’s pain (PN).
4. For question 3, enter the raw score (0-10) in the box on the right as an evaluation of the patient’s global estimate (PTGL).
5. Add the total score (0-30) from questions 1, 2, and 3 and enter them as the patient’s RAPID3 cumulative score. Use the final conversion table to simplify the patient’s weighed RAPID3 score. For example, a patient who scores 11 on the cumulative RAPID3 scale would score a weighed 3.7. A patient who scores between 0–1.0 is defined as near remission (NR); 1.3–2.0 as low severity (LS); 2.3–4.0 as moderate severity (MS); and 4.3–10.0 as high severity (HS).
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1. **PLEASE CHECK THE ONE BEST ANSWER FOR YOUR ABILITIES AT THIS TIME:**

   **OVER THE LAST WEEK, WERE YOU ABLE TO:** | **WITHOUT ANY DIFFICULTY** | **WITH SOME DIFFICULTY** | **WITH MUCH DIFFICULTY** | **UNABLE TO DO**
--- | --- | --- | --- | ---
   a. Dress yourself, including tying shoelaces and doing buttons? | 0 | 1 | 2 | 3
   b. Get in and out of bed? | 0 | 1 | 2 | 3
   c. Lift a full cup or glass to your mouth? | 0 | 1 | 2 | 3
   d. Walk outdoors on flat ground? | 0 | 1 | 2 | 3
   e. Wash and dry your entire body? | 0 | 1 | 2 | 3
   f. Bend down to pick up clothing from the floor? | 0 | 1 | 2 | 3
   g. Turn regular faucets on and off? | 0 | 1 | 2 | 3
   h. Get in and out of a car, bus, train, or airplane? | 0 | 1 | 2 | 3
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   **NO PAIN** | **PAIN AS BAD AS IT COULD BE**
--- | ---
   0 | 10
   0.5 | 9.5
   1.0 | 9.0
   1.5 | 8.5
   2.0 | 8.0
   2.5 | 7.5
   3.0 | 7.0
   3.5 | 6.5
   4.0 | 6.0
   4.5 | 5.5
   5.0 | 5.0
   5.5 | 4.5
   6.0 | 4.0
   6.5 | 3.5
   7.0 | 3.0
   7.5 | 2.5
   8.0 | 2.0
   8.5 | 1.5
   9.0 | 1.0
   9.5 | 0.5
   10 | 0

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--- | ---
   0 | 10
   0.5 | 9.5
   1.0 | 9.0
   1.5 | 8.5
   2.0 | 8.0
   2.5 | 7.5
   3.0 | 7.0
   3.5 | 6.5
   4.0 | 6.0
   4.5 | 5.5
   5.0 | 5.0
   5.5 | 4.5
   6.0 | 4.0
   6.5 | 3.5
   7.0 | 3.0
   7.5 | 2.5
   8.0 | 2.0
   8.5 | 1.5
   9.0 | 1.0
   9.5 | 0.5
   10 | 0

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